

Staying Healthy in the Northern Territory

Health services are available throughout the Territory at hospitals, community health centres, remote clinics and private health care providers such as General Practitioners (GPs), dentists and specialists.

Free services

A range of services are provided free of charge in the Northern Territory, including:

- 24 hour phone advice through NTHealthDirect, a free and completely confidential service that operates 24 hours a day, seven days a week. You can speak with an experienced registered nurse who will help you with symptoms, health concerns and advice on when to see a doctor or health service, and where to find them. The number is 1800 186 026 (call charges will apply from mobile phones).
- Community care centres offer primary health care, domiciliary care, child health clinics, immunisations, school screening and a range of other programs. In remote areas there are regular medical consultations, immunisation, child health and antenatal clinics, adult health programs and a range of other services.
- Dental services are provided free-of-charge to infants, school children, priority groups and adults who carry a Health Care card or equivalent.

GPs and other private health care providers

The main population centres are home to a range of health professionals, including GPs, medical specialists, dentists, physiotherapists, optometrists, pharmacists, chiropractors and naturopaths. Health professionals are listed in the Yellow Pages.

Hospitals

Public hospitals are located in Darwin, Alice Springs, Katherine, Tennant Creek and Nhulunbuy. All hospitals offer general inpatient, outpatient and emergency services.

The Royal Darwin and Alice Springs Hospitals offer a wide range of specialist services. Both are teaching hospitals aligned with Flinders University in Adelaide through the NT Clinical School, with close links to the University of Sydney.

You can also choose to receive treatment in the Darwin Private Hospital.

Mental health care

Northern Territory Mental Health Services look after the mental health and well being of individuals and families. There are community-based services in Darwin, Alice Springs, Katherine, East Arnhem and the Barkly regions and acute inpatient services in Alice Springs and Darwin.

There are also a range of private providers of psychiatric and counselling services.

For further information, contact:

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